

**F3 SPRINT DUATHLON - 21/02/2010**

| Pos | #   | Name                       | Cat   | Club                  | Time     |
|-----|-----|----------------------------|-------|-----------------------|----------|
| 1   | 40  | HUGH MACKENZIE             | M-SEN | SOUTHFIELDS,          | 01:02:42 |
| 2   | 53  | ROSS MUIR                  | M-SEN | SURBITON,             | 01:05:59 |
| 3   | 21  | VINCENT HALPERN            | M-VET | ACTON,                | 01:06:11 |
| 4   | 47  | ANDREW CLARE               | M-SEN | HAMMERSMITH,          | 01:06:41 |
| 5   | 43  | MICHAEL DOWDS              | M-SEN | RICKMANSWORTH,        | 01:07:03 |
| 6   | 4   | CHRIS GRAHAM               | M-SEN | BATTERSEA,            | 01:07:50 |
| 7   | 75  | ADRIAN BRADSHAW            | M-    | READING,              | 01:08:04 |
| 8   | 19  | ROB HILL                   | M-JUN | POTTEN END,           | 01:08:42 |
| 9   | 46  | SIMON BARKER               | M-SEN | LONDON,               | 01:09:12 |
| 10  | 118 | HERBIE GRIFFIN             | M-SEN | PUTNEY,               | 01:09:29 |
| 11  | 126 | ROB SELBY                  | M-SEN | BORDON,               | 01:10:35 |
| 12  | 93  | CALLUM HUGHES              | M-SEN | READING,              | 01:10:59 |
| 13  | 91  | TOM ADAMS                  | M-SEN | LONDON,               | 01:11:02 |
| 14  | 52  | KEITH BREWSTER             | M-SEN | BECKENHAM,            | 01:11:32 |
| 15  | 30  | STEVEN NOBLE               | M-SEN | WEST WIMBLEDON,       | 01:11:55 |
| 16  | 11  | GRAEME BLAIR               | M-VET | PURLEY,               | 01:12:16 |
| 17  | 32  | DEON COETZEE               | M-    | GUILDFORD,            | 01:12:17 |
| 18  | 37  | ANDREW RICHARDSON          | M-VET | BOSTON,               | 01:12:43 |
| 19  | 14  | MARK THOMAS                | M-VET | LONDON,               | 01:12:43 |
| 20  | 90  | DANIEL OUSELEY             | M-SEN | LONDON,               | 01:12:50 |
| 21  | 113 | NICK BURDETT               | M-SEN | THATCHAM,             | 01:13:01 |
| 22  | 55  | SIMON SUTHERS              | M-SEN | CHISWICK,             | 01:13:11 |
| 23  | 66  | MICHAEL HAND               | M-SEN | READING,              | 01:13:49 |
| 24  | 35  | JAMES BLACKLEY             | M-SEN | SOUTHFIELDS,          | 01:13:59 |
| 25  | 99  | PAUL BUCKNALL              | M-SEN | HIGH WYCOMBE,         | 01:14:10 |
| 26  | 16  | CHRISTOPHER DEAN           | M-VET | NEW MALDEN,           | 01:15:19 |
| 27  | 54  | MARK OFFORD                | M-SEN | WALTON-ON-THAMES,     | 01:15:42 |
| 28  | 45  | DAVID MILES                | M-SEN | LONDON,               | 01:16:24 |
| 29  | 51  | ALAN TWYFORD               | M-VET | NEWBURY,              | 01:16:53 |
| 30  | 38  | TIM THOMAS                 | M-VET | LONDON,               | 01:17:25 |
| 31  | 78  | MARTIN TOMKINS             | M-SEN | SLOUGH,               | 01:17:32 |
| 32  | 111 | ARCHIE ALLEN-JONES         | M-JUN | EALING,               | 01:17:34 |
| 33  | 101 | ANDREW BUCKLEY             | M-SEN | MARLOW,               | 01:18:16 |
| 34  | 27  | RUSSELL ELLIS              | M-SEN | LONDON,               | 01:18:56 |
| 35  | 42  | CHRIS LEAT                 | M-SEN | LONDON,               | 01:18:57 |
| 36  | 87  | SCOTT THOMPSON             | M-VET | LONDON,               | 01:19:16 |
| 37  | 57  | PERVEZ RAZZAQ              | M-VET | HIGH WYCOMBE,         | 01:19:22 |
| 38  | 115 | DUNCAN CROWDY              | M-VET | OLDBASING,            | 01:19:38 |
| 39  | 122 | MATTHEW RAYNER             | M-SEN | WINDSOR,              | 01:20:10 |
| 40  | 70  | GUY MCLELLAN               | M-SEN | BEACONSFIELD,         | 01:20:44 |
| 41  | 20  | DAVID PHILIP STANBURY      | M-VET | POOLE,                | 01:20:56 |
| 42  | 123 | MELANIE BIGGS              | F-SEN | GOSPORT,              | 01:20:57 |
| 43  | 84  | JAMES MAGUIRE              | M-SEN | NORTHOLT,             | 01:21:22 |
| 44  | 39  | CHRISTOPHER LANGLEY-WAYLEN | M-SEN | EARLSFIELD,           | 01:21:42 |
| 45  | 56  | MARK CLEMENTS              | M-SEN | WEST HAMPSTEAD,       | 01:21:44 |
| 46  | 67  | JON HEANEY                 | M-SEN | CAVERSHAM,            | 01:21:48 |
| 47  | 82  | IAN-PATRICK LAUDER         | M-SEN | RICHMOND,             | 01:21:48 |
| 48  | 124 | MATT ROGAN                 | M-SEN | CHINNOR,              | 01:21:51 |
| 49  | 119 | WILLIAM WEICHHART          | M-SEN | BRENTWOOD,            | 01:21:54 |
| 50  | 80  | FRANK POWER                | M-SEN | LONDON,               | 01:21:59 |
| 51  | 6   | KATIE HENDERSON            | F-SEN | READING,              | 01:22:09 |
| 52  | 34  | SIMON MACEY                | M-SEN | SOUTH RUISLIP,        | 01:22:41 |
| 53  | 97  | ANGUS WARNER               | M-SEN | LONDON,               | 01:22:41 |
| 54  | 89  | EDWARD HALLETT             | M-SEN | WILLIS JACKSON HOUSE, | 01:23:36 |

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| 55 | 24  | MARTY WALSH         | M-SEN | LONDON,          | 01:23:45 |
| 56 | 110 | CHRIS HALL          | M-VET | WARLINGHAM,      | 01:23:51 |
| 57 | 120 | BOB GILL            | M-SEN | WATLINGTON,      | 01:24:06 |
| 58 | 8   | JON GREEN           | M-VET | LONDON,          | 01:24:37 |
| 59 | 29  | IAIN MCPHAIL        | M-VET | WOKING,          | 01:24:46 |
| 60 | 74  | SAM KENNEDY         | M-    | LONDON,          | 01:24:50 |
| 61 | 33  | PHILIP EMSLEY       | M-VET | TROWBRIDGE,      | 01:25:42 |
| 62 | 69  | ELIZABET STOJANOSKA | F-SEN | LONDON,          | 01:25:57 |
| 63 | 15  | SALLY GOBLE         | F-VET | HEADLEY,         | 01:26:09 |
| 64 | 31  | DEBBIE TRAFFORD     | F-SEN | LIVERPOOL,       | 01:26:18 |
| 65 | 116 | CHARLES MACDONALD   | M-SEN | LONDON,          | 01:26:35 |
| 66 | 5   | AMANDA BENSTEAD     | F-VET | WOKING,          | 01:26:40 |
| 67 | 64  | NIMROD SCHWARTZ     | M-VET | LONDON,          | 01:27:13 |
| 68 | 109 | STUART BUNT         | M-VET | WARLINGHAM,      | 01:27:34 |
| 69 | 85  | CHRIS PACK          | M-SEN | TWICKENHAM,      | 01:27:44 |
| 70 | 3   | CARIN MINNIE        | F-VET | BURY ST EDMUNDS, | 01:27:49 |
| 71 | 117 | JENNIFER CORNISH    | F-SEN | LONDON,          | 01:27:55 |
| 72 | 108 | MANDY BORDER        | F-SEN | EAST GRINSTEAD,  | 01:29:17 |
| 73 | 95  | ANNA LOVELOCK       | F-VET | WINDSOR,         | 01:29:35 |
| 74 | 25  | MONICA DA POLENZA   | F-VET | "ACTON, LONDON", | 01:30:18 |
| 75 | 23  | LEO MILES           | M-SEN | MARLOW,          | 01:31:00 |
| 76 | 59  | TREVOR BLOCK        | M-VET | HATFIELD,        | 01:31:26 |
| 77 | 114 | RICHARD LAYTON      | M-SEN | RICHMOND,        | 01:31:32 |
| 78 | 199 | PETER BELSEY        | M-SEN | -                | 01:31:32 |
| 79 | 72  | LIAM MUCKLESTON     | M-SEN | LONDON,          | 01:32:08 |
| 80 | 28  | MELANIE ELLIS       | F-SEN | LONDON,          | 01:33:25 |
| 81 | 68  | JADE MOUNTAIN       | F-SEN | MITCHAM,         | 01:33:41 |
| 82 | 73  | DAN REED            | M-SEN | LONDON,          | 01:34:16 |
| 83 | 79  | TIM EGAN            | M-SEN | 64 BACON STREET, | 01:34:48 |
| 84 | 65  | MICHELLE MURPHY     | F-SEN | HOOK,            | 01:35:12 |
| 85 | 102 | JIM DONNET          | M-SEN | WHEATHAMPSTEAD,  | 01:37:24 |
| 86 | 104 | NAVAL KAPOOR        | M-SEN | LONDON,          | 01:37:27 |
| 87 | 125 | ATHOS RUSHOVICH     | M-VET | LONDON,          | 01:39:36 |
| 88 | 12  | ANDREW JOHNSON      | M-VET | COULSDON,        | 01:41:31 |
| 89 | 81  | MYRIAM SZUDRICH     | F-SEN | WINDSOR,         | 01:43:38 |