

**F3 10K - 21/02/2010**

Pos	#	Name	Cat	Club	Mat Time	Gun time
1	513	AUSTIN SWAIN	M-VET	BERKSHIRE TRI SQUAD	00:35:09	00:35:43
2	524	MARK CLEWS	M-VET	OTHER	00:35:43	00:36:18
3	462	DOUG GOODGE	M-SEN	NONE	00:36:27	00:37:01
4	497	WILLIAM ENGLAND	M-SEN	NONE	00:36:50	00:37:24
5	467	MATT COLLINS	M-SEN	NONE	00:36:54	00:37:28
6	551	RICHARD CLARK	M-SEN	NONE	00:36:54	00:37:30
7	542	JASON CRABTREE	M-SEN	NONE	00:37:07	00:37:47
8	517	PATRICK MCKINNEY	M-SEN	NONE	00:38:04	00:38:39
9	438	STUART BOSLEY	M-SEN	NONE	00:38:11	00:38:51
10	529	ROBERT WEST	M-SEN	NONE	00:38:57	00:39:33
11	692	STUART JONES	M-SEN	-	00:38:56	00:39:35
12	457	JAMES SILVESTER	M-SEN	NONE	00:39:04	00:39:42
13	527	RICHARD HOAR	M-VET	BOXFIT	00:39:12	00:39:51
14	425	GRAHAM FOLEY	M-VET	NONE	00:39:40	00:40:15
15	481	PATRICIA THOMAS	F-VET	NONE	00:39:41	00:40:18
16	428	ALEX JACKSON	M-JUN	NONE	00:39:47	00:40:22
17	500	MACKENZIE HUNKIN	M-SEN	NONE	00:40:41	00:41:15
18	501	CHRISTOPHER JUREVICIUS	M-VET	OTHER	00:40:38	00:41:18
19	558	TERRY THORN	M-SEN	NONE	00:41:18	00:41:54
20	410	SIMON OSBORNE	M-SEN	NONE	00:41:07	00:42:00
21	459	KARL WILLIAMS	M-VET	NONE	00:41:28	00:42:12
22	545	CAROLYN WIDERA	F-JUN	NONE	00:41:35	00:42:13
23	452	JOSEPH THORPE	M-SEN	NONE	00:41:38	00:42:20
24	495	CAROL JONES	F-VET	NONE	00:41:53	00:42:32
25	499	RACHAEL HOLFORD	F-SEN	OTHER	00:41:55	00:42:37
26	510	REBECCA MIDDLETON-JONES	F-SEN	NONE	00:42:20	00:43:07
27	494	OLIVER RILEY	M-JUN	NONE	00:42:45	00:43:19
28	693	SUSAN MARSCHNER	F-SEN	-	00:42:38	00:43:19
29	429	PETER JACKSON	M-VET	NONE	00:42:56	00:43:31
30	530	JONATHON WEST	M-SEN	NONE	00:43:01	00:43:41
31	544	NATHAN REES	M-SEN	NONE	00:42:49	00:43:49
32	511	MITESH PATEL	M-SEN	NONE	00:42:56	00:43:50
33	455	ANDY GILLARD	M-SEN	NONE	00:43:29	00:44:08
34	556	MATTHEW HEPWOOD	M-SEN	NONE	00:43:33	00:44:18
35	523	HELEN BLAMEY	F-SEN	NONE	00:43:46	00:44:26
36	560	SIMON ARMSTRONG	M-SEN	NONE	00:43:59	00:44:35
37	461	ROBERT HEILBUTH	M-VET	NONE	00:43:58	00:44:40
38	486	STEPHEN REES	M-SEN	NONE	00:44:10	00:44:50
39	440	BEN WILLCOX	M-SEN	NONE	00:44:10	00:44:55
40	405	SIMON MARTYN	M-VET	NONE	00:44:40	00:45:17
41	535	NICK RAEBURN-WARD	M-SEN	NONE	00:44:56	00:45:35
42	444	STEPHEN HARES	M-SEN	NONE	00:45:17	00:45:53
43	695	COLM MCDORNATH	M-SEN	-	00:45:11	00:46:01
44	427	THOMAS JACKSON	M-SEN	NONE	00:45:18	00:46:08
45	419	JONATHAN FENSTER	M-VET	NONE	00:45:21	00:46:18
46	456	WILLIAM JOHN HULL	M-SEN	NONE	00:45:28	00:46:21
47	520	HANNAH FISHER	F-SEN	NONE	00:45:43	00:46:25
48	698	CAROLINE DELLASEGFA	F-SEN	-	00:45:45	00:46:28
49	492	JESSICA BASS	F-SEN	OTHER	00:45:53	00:46:34
50	507	JEREMY BURNAGE	M-SEN	NONE	00:46:06	00:46:53
51	401	HELEN KAYE	F-SEN	NONE	00:46:21	00:47:04
52	446	ALEX MONGER	M-SEN	NONE	00:46:50	00:47:42
53	468	GRAHAM HUDSON	M-VET	NONE	00:46:45	00:47:50
54	509	DANIEL HULL	M-SEN	NONE	00:47:28	00:48:15

55	519	JAMES SOPP	M-SEN	NONE	00:47:46	00:48:22
56	522	JOSEPH WEBB	M-VET	NONE	00:47:33	00:48:24
57	490	ANDY GOODMAN	M-VET	NONE	00:47:42	00:48:29
58	498	TOM GOFFE	M-SEN	NONE	00:47:41	00:48:32
59	426	LOUISE WHITE	F-VET	NONE	00:47:54	00:48:33
60	491	RACHEL ARTHUR	F-VET	NONE	00:47:48	00:48:34
61	493	JAMES MCEVOY	M-VET	NONE	00:47:48	00:48:34
62	436	VICTORIA KEMP	F-SEN	NONE	00:48:11	00:48:55
63	430	CHARLOTTE PARRISS	F-SEN	NONE	00:48:05	00:48:58
64	431	PHILIP PARRISS	M-SEN	NONE	00:48:07	00:48:59
65	554	KEVIN MULKERRINS	M-SEN	NONE	00:48:19	00:49:07
66	552	PAUL GRAY	M-SEN	NONE	00:48:18	00:49:19
67	414	ROSS BURTON	M-SEN	NONE	00:48:44	00:49:32
68	547	HANA MALOUF	F-SEN	NONE	00:48:55	00:49:49
69	694	CAROLINE SEEKINGS	F-SEN	-	00:49:17	00:50:07
70	437	JAMES MACLENNAN	M-SEN	NONE	00:49:23	00:50:23
71	466	ANNE BENNETT	F-VET	SERPENTINE RC	00:49:34	00:50:30
72	421	MATT INGHAM	M-VET	NONE	00:49:29	00:50:32
73	469	JONATHAN ROOS	M-SEN	NONE	00:50:08	00:51:01
74	532	AARON DE SOUZA	M-SEN	NONE	00:50:59	00:51:40
75	518	JOHN SOPP	M-VET	NONE	00:50:47	00:51:46
76	447	JAMES PLUMB	M-SEN	NONE	00:51:17	00:52:09
77	411	CHRIS WILLIAMS	M-VET	NONE	00:51:17	00:52:11
78	541	DAVID CLARK	M-VET	NONE	00:51:30	00:52:26
79	526	LAUREN GODSAVE	F-JUN	HILLINGDON TRIATHLETES	00:51:45	00:52:29
80	539	ROBERT STAINES	M-SEN	NONE	00:51:29	00:52:33
81	516	VERITY HAILEY	F-SEN	NONE	00:51:43	00:52:44
82	506	SHARON HURLEY	F-VET	NONE	00:52:01	00:52:46
83	476	HELEN EDGE	F-SEN	NONE	00:52:17	00:53:01
84	478	ISOBEL GRAINGER	F-SEN	NONE	00:52:17	00:53:01
85	528	LINDA POLLARD	F-VET	TRI-FORCE	00:52:14	00:53:10
86	403	ANDREW MCKAY	M-SEN	NONE	00:52:29	00:53:24
87	502	NICOLE MCEWAN	F-SEN	NONE	00:52:42	00:53:25
88	505	ROBERT SHAW	M-SEN	NONE	00:52:42	00:53:25
89	451	FLEUR RODRIGUEZ	F-SEN	NONE	00:52:39	00:53:34
90	496	MARK LANSBURY	M-VET	NONE	00:53:21	00:54:17
91	699	JACK MURPHY	M-SEN	-	00:53:32	00:54:30
92	432	MICHELLE TOMKINS	F-SEN	NONE	00:53:41	00:54:41
93	484	AMANDA HARPER	F-SEN	NONE	00:53:57	00:54:58
94	483	DAVID SMITH	M-VET	NONE	00:54:14	00:55:08
95	489	LIZZIE WELCH	F-SEN	NONE	00:54:39	00:55:34
96	548	MIRSHA TRUJILLO	M-SEN	NONE	00:54:36	00:55:34
97	561	JO HIGHAM	F-VET	NONE	00:54:43	00:55:44
98	536	GARETH WILLIAMS	M-SEN	NONE	00:55:22	00:56:18
99	472	SARAH BALL	F-VET	NONE	00:55:36	00:56:35
100	521	DAWN SPEARS	F-SEN	NONE	00:55:47	00:56:44
101	696	ABBIE BARTON	F-SEN	-	00:56:17	00:57:07
102	553	COLE MULKERRINS	M-VET	NONE	00:56:38	00:57:26
103	543	ANGUS WALKER	M-SEN	NONE	00:56:43	00:57:32
104	508	SHELLEY COOPER	F-SEN	NONE	00:56:31	00:57:35
105	559	CATHERINE WYE	F-SEN	NONE	00:57:12	00:58:15
106	479	ALISON GRIMSHAW	F-SEN	NONE	00:57:14	00:58:16
107	533	ANDRES ENSSLE	M-SEN	NONE	00:57:23	00:58:17
108	531	VIVIAN-SASKIA BAUR	F-SEN	NONE	00:57:24	00:58:18
109	435	PATRICK WINTERBOTTOM	M-VET	NONE	00:57:29	00:58:20
110	504	TIFFANY SAUL	F-SEN	NONE	00:57:40	00:58:36
111	487	CAROLINE TAYLOR	F-SEN	NONE	00:58:02	00:58:53

112	454	KATE FORREST	F-SEN	NONE	00:58:44	00:59:45
113	514	MARGARET ANTHONY	F-VET	JETSTREAM TRI CLUB	00:59:04	00:59:49
114	471	GILLIAN ANTON	F-VET	OTHER	00:59:41	01:00:43
115	549	DARREN WEBB	M-VET	NONE	00:59:49	01:00:47
116	537	NICOLA BOTTERILL	F-VET	NONE	01:03:27	01:04:29
117	538	KATE BRIGHT	F-SEN	NONE	01:03:30	01:04:32
118	555	EDWARD BOTTERILL	M-SEN	NONE	01:03:30	01:04:33
119	407	ANDREW MANN	M-SEN	NONE	01:03:46	01:04:45
120	503	MATTHEW MURPHY	M-SEN	NONE	01:04:02	01:05:00
121	470	HANNA ROOS	F-SEN	NONE	01:07:54	01:08:50
122	515	JANET COUGHLAN	F-VET	NONE	01:08:13	01:09:15